

DECEMBER 2011

Misler Adult Day Center



1801 East Jefferson St., Rockville, MD 301-468-1740

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>Arrival Coffee Social Outburst Sittercise Visit Ratner Museum Exhibit Lunch, Tea and Rest Famous Nicknames Pt.II Bean Bag Toss</p>	<p>Arrival Coffee Social A New America: Future of Change Strength Training Art Experience Lunch, Tea and Rest Health Talk with Susan: Talking with your Doctor Bowling</p>	<p>Arrival Coffee Social Picture This Stretch and Flex Lunch, Tea and Rest Family Feud Volleyball</p>	<p>Arrival Coffee Social Music of Jean Sebelius Creative Movement with Sandra Roachford Lunch, Tea and Rest You Be The Judge Bean Bag Toss</p>	<p>Arrival Coffee Social Current Events Strength Training Lunch, Tea and Rest Crossword Puzzle Frisbee Toss Shabbat Service with Rabbi Roos</p>
<p>Arrival Coffee Social Family Traditions Stretch and Flex Craft Corner: Napkin Rings Lunch, Tea and Rest Brainquest Volleyball</p>	<p>Arrival Coffee Social December Birthday Party with Opera Singer, Peter Burroughs Lunch, Tea and Rest Exploring English Language: Verb Phrases Bean Bag Toss</p>	<p>Arrival Coffee Social Woodlands in Winter Sittercise Lunch, Tea and Rest Outburst Horse Shoes</p>	<p>Arrival Coffee Social Whose Earth is it Anyway? Stretch and Flex Lunch, Tea and Rest Medical Miracles: Organ Transplants Volleyball T Group with Carol</p>	<p>Arrival Coffee Social Winter Olympics Exercise Jingo Lunch, Tea and Rest Timeslips with Liz Nichols Bingo Shabbat Service</p>
<p>Arrival Coffee Social Visit Kreeger Museum Jeopardy Exercise Lunch, Tea and Rest Health Talk with Susan: Balance Frisbee Toss</p>	<p>Arrival Coffee Social Creating Meaning: Art and Science Stretch and Tone Craft Corner Lunch, Tea and Rest Hanukkah Celebration with Sue Green Light Menorah</p>	<p>Arrival Coffee Social Exploring Values: Sins of our Fathers Sittercise Lunch, Tea and Rest Family Traditions Bowling</p>	<p>Arrival Coffee Social Ecuadorian Adventure with Harley Fitness for Life Lunch, Tea and Rest Holiday Party with WPAS Jazz Band</p>	<p>Arrival Coffee Social Outburst Stretch and Flex Lunch, Tea and Rest Music for the Holidays with Anthony Hyatt Shabbat Service</p>
<p>Misler Center Closed for Christmas Holiday</p>	<p>Arrival Coffee Social Jeopardy Fitness Fun Lunch, Tea and Rest Author, Storyteller Mark Binder Shares from his New Book</p>	<p>Arrival Coffee Social Word Games Sittercise Lunch, Tea and Rest Word Games Bowling</p>	<p>Arrival Coffee Social Current Events Exercise Lunch, Tea and Rest Misler Town Meeting Volleyball T Group with Carol</p>	<p>Arrival Coffee Social New Years Party 2012 with Maureen Ribble Lunch, Tea and Rest Outburst Frisbee Toss Shabbat Service</p>

Caregivers' Support Group is held on the 2nd and 4th Mondays of each Month at the Misler Center, 1:00-2:30 December 12, Center Closed Dec. 26.

To schedule an appointment with Dr. Pabla, Podiatrist, call 301-593-9250 for Wed. Dec. 28 or Thurs. Dec. 29.

MISLER WEBSITE: www.Misler center.org

